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Mindful













Enlightened Naturalist

creating knowledge through symbiosis

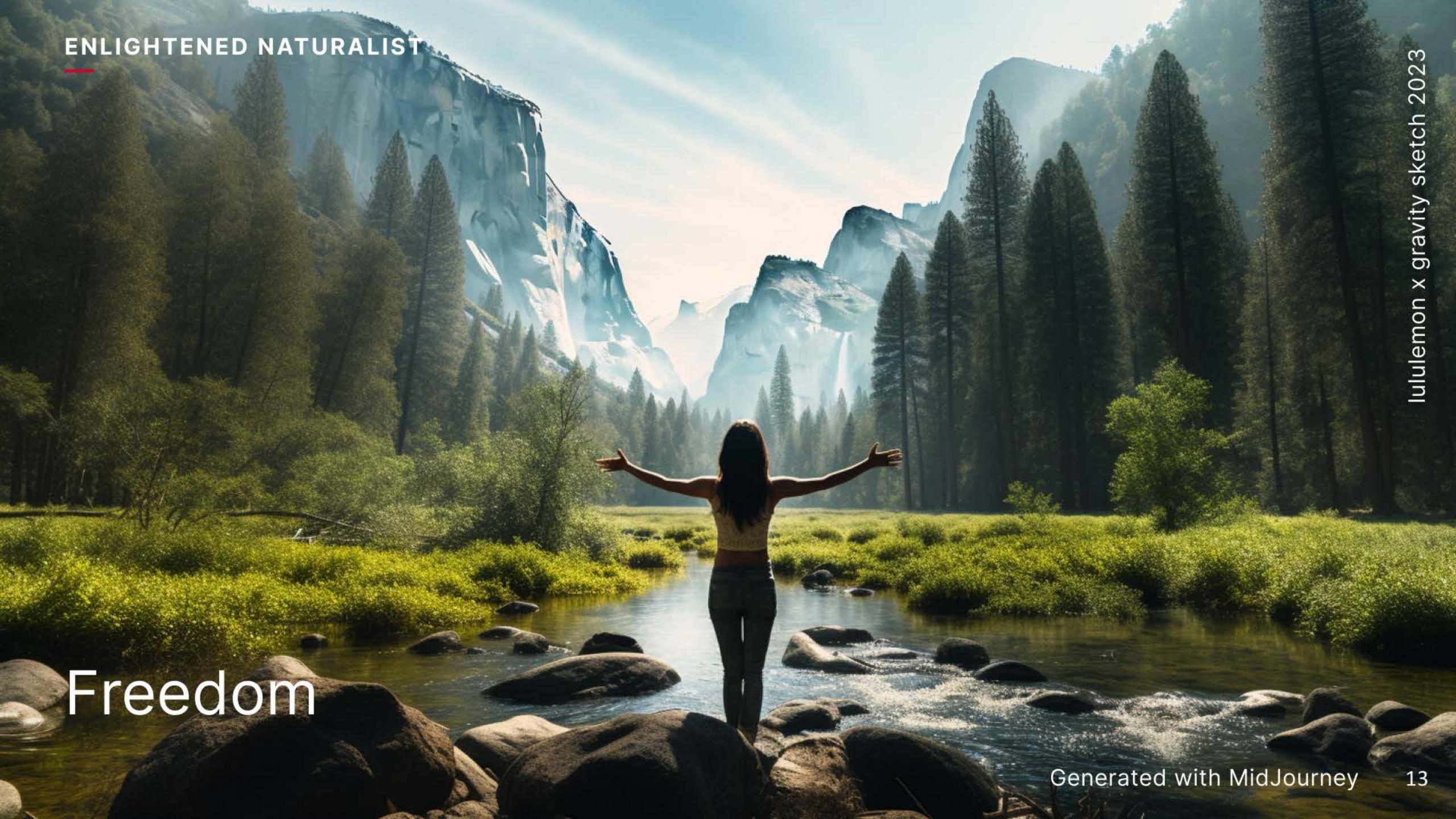


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creating knowledge through symbiosis

ENLIGHTENED NATURALIST

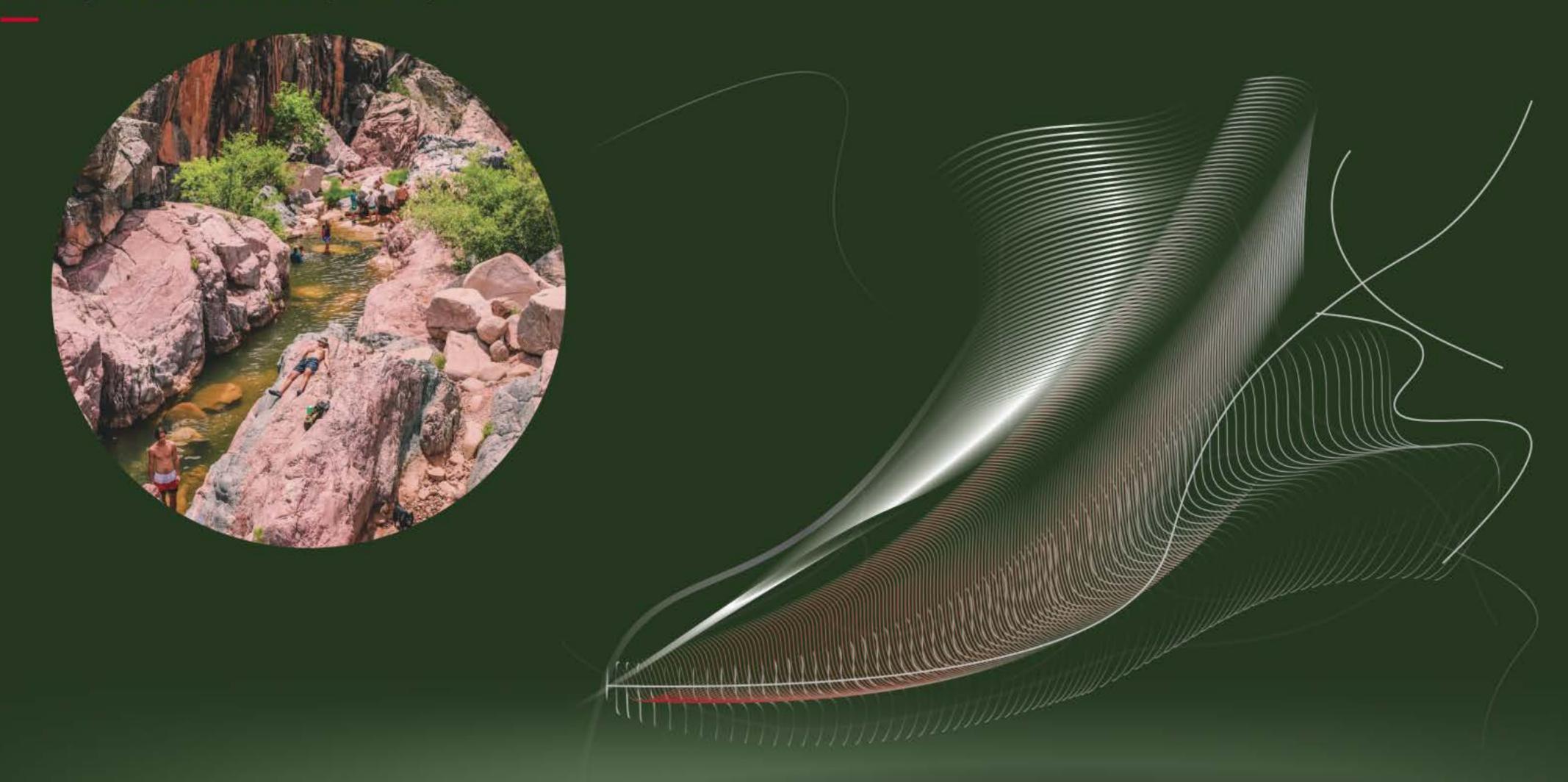








ENLIGHTENED NATURALIST



An innovative amphibious shoe that enhances all five senses for an immersive experience, and can benefit to both land and water ecosystem.

Modular Midsole Pieces

Enlightened Naturalist

creating knowledge through symbiosis



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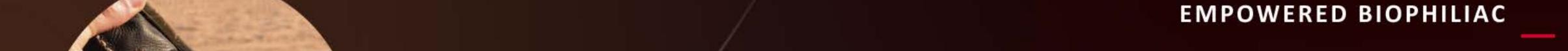








A cutting-edge shoe that captures sensory experiences with recording system and enables remote real-time sharing with people in the city.



Shoe Design Concept

A desert-adaptive shoe designed to withstand and adapt to the harsh environment - sand clesaring , temperature control, and built-in safety measures to protect against venomous wildlife, as well as providing essential first aid treatment.



Enlightened Naturalist

creating knowledge through symbiosis



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laste for adventure

ENTICED ADVENTURIST











Enlightened Naturalist

creating knowledge through symbiosis



Empowered Biophiliac

sharing knowledge through immersion

Mindful Movement:

knowledge through movement



Sustainability is...

You are What you wear

Mindful movement.







What if our footwear helped us learn more about nature?

Trends

- Climate urgency will shape new educational and career opportunities and choices
- Apprenticeships and on-the-job education will increase as university enrollment decreases
- Urban populations will almost double over next 25 years
- 4. Luxury will further integrate wellness to give indulgence deeper purpose
- 5. By as early as 2025, Gen Alpha will become largest generation in history

2040 Predictive Stats:

66% of population will live in cities by 2040

60 % of all US health and wellbeing spending will be preventative by 2040

-61k

estimated reduction in lifetime income of current young students due to Covid's impact on education

Overview

- 1. Gen Alpha includes those born between 2011-2025
- Even amidst social, political and economic issues this generation is predominately hopeful for future
- Expected to be early bloomers physically, socially, and psychologically
- 4. Covid will have lasting impacts on shaping Gen Alpha's lives
- Feel responsibility to reverse social and environmental damage of past generations from young age





Values

- 1. Experiences over products
- Environmental and social awareness and responsibility
- 3. Creativity
- 4. Resilience
- 1. Technology as power for good
- 2. Pragmatism
- 3. Hands on learning
- 4. Ownership of future / Influence

Key Stats:

48%

of already think about the environment once a week

67%

of current 6-9 year olds want to have a career that helps save the planet

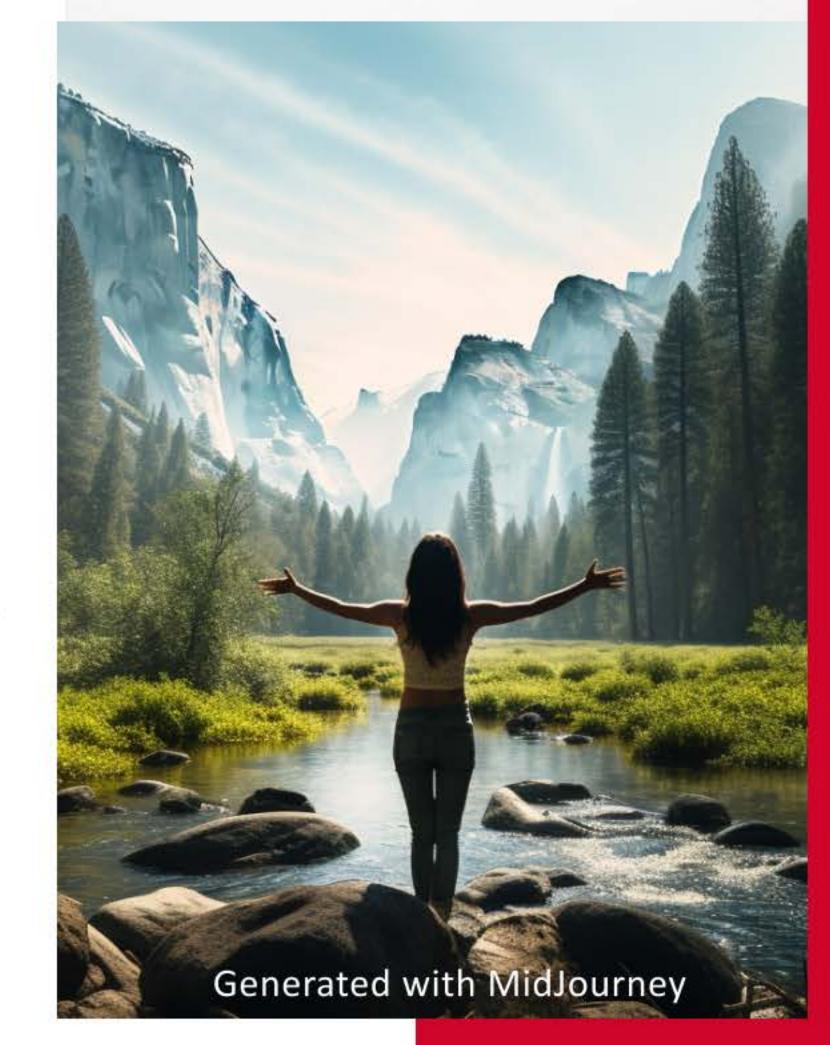
70%

of US parents say their Gen Alpha kids already have a big influence over family spending

ENLIGHTENED NATURALIST

Overview

- 1. Feel connected with the world around them
- Purists when it comes to the outside world
- 3. Create knowledge through connection with nature
- 4. Use nature as medicine
- 5. Take from nature and bring back to nature





ENLIGHTENED NATURALIST

Values

- 1. Human-nature connection
- 2. Self-sufficiency
- Pursuing real freedom, physically and spirituality
- 4. Holistic wellbeing
- 5. Harmoniously coexisting with the nature
- Sharing knowledge gained from nature with community

Key Stats:

79%

of campers planning to visit a national or state park within the next year

168.1 Million

In 2022 the outdoor recreation participant base grew

80%

of outdoor activity categories experienced participation growth

Themes

Brand value alignment

The enlightened naturalist and Lululemon share the same value about sustainability, both making sustainability and the use of natural materials a priority. Acting on their environmental responsibility, the enlightened naturalist aims to minimize their ecological footprint by employing sustainable practices throughout their footwear choices and daily activities.

Mindful movement

The enlightened naturalists usually form tribes in the wild and live in a self-sufficient manner. By immersing themselves in nature, these enlightened naturalists have gained extensive knowledge of outdoor living and biology. They create knowledge through symbiotic relationships.

Universal design

Due to rapid urbanization, urban people aspire to escape to nature and become "enlightened naturalists." Motivated by the desire to reconnect with nature, address environmental concerns, improve well-being, escape urban stress, and pursue personal growth, they seek a sustainable lifestyle closer to the natural world.

Biodiversity

By embracing the enlightened naturalists lifestyle, individuals can find solace, promote sustainability and biodiversity, benefit from nature's positive impact, and acquire skills for outdoor living and self-sufficiency. This trend will reflect a common yearning among urban dwellers for a meaningful existence intertwined with the tranquility and harmony of nature.

EMPOWERED BIOPHILIAC

Overview

- Feel enabled and empowered to act through technology
- 2. Pursue non-traditional self-led learning opportunities
- 3. Shares knowledge to those interested in learning more
- 4. Incorporates technology into learning for a more immersive experience
- 5. Enjoys exploration in nature





EMPOWERED BIOPHILIAC

Values

- 1. Positive impact
- 2. Educational pursuits
- 3. Hands-on or immersive learning
- 4. Empowering others
- 5. Entrepreneurship
- 6. Well-being

Key Stats:

65%

of students starting school now will work in jobs that don't exist yet

51%

of current Gen Alpha 6-9 year olds want a career that allows them to use technology to make a difference

46%

of Gen Alpha say they want to pursue a career that lets them work outdoors

EMPOWERED BIOPHILIAC

Themes

Brand value alignment

Lululemon's brand values of entrepreneurship, connection, fun, and inclusion all encompass values and drivers for this guest's career pursuit to enable others to learn and experience our outdoor environments. Highlighting how lululemon products and experiences help to put these values in action will emphasize the lululemon advantage.

Mindful movement

This guest finds mindful movement by sharing knowledge through immersion. Creating footwear products and experiences that seamlessly enable this guest to better experience, learn, and teach in natural environments will cater to their goals.

Universal design

The Empowered Biophiliac seeks to make outdoor experiences and education accessible to all through their immersive learning experiences. Helping to enable these inclusive experiences will speak to not only this guest but those who they seek to teach.

Biodiversity

Enabling a greater connection between this guest and nature will help further their interest and dedication to environmental stewardship. Careful consideration of materials to enable their mindful movement without sacrificing sustainability will be key to showing an understanding of this guest.

ENTICED ADVENTURIST

Overview

- Adventure tourist interested in extreme outdoor activities
- 2. Utilize existing knowledge to empower their adventures
- 3. Inexperienced in outdoor sports pursuits
- 4. Reliant on technology to support outdoor adventures
- Appreciate value of 'preparewear' for adventures and use in the city given climate change impacts





ENTICED ADVENTURIST

Values

- 1. Adventure
- 2. Untouched natural landscapes and wildlife
- 3. Escapism
- 4. Bold, moonshot ideas and experiences
- 5. Harnessing technology and knowledge
- 6. Preparedness
- 7. Inclusivity

Key Stats:

47%

of Gen Alpha say they prefer to split their time between screen time and being outdoors

x5

expected growth in the adventure tourism market over next 10 years

60%

of adventure tourism market is low risk excursions that still offer adventure

ENTICED ADVENTURIST

Themes

Brand value alignment

The values of curiosity, innovation, and courage at lululemon speak directly to this guest who sees these values as key drivers and enablers of their outdoor adventure pursuits. Continuing to highlight these values in tangible products and experiences, as well as brand related storytelling, will help captivate, inspire, and empower this guest.

Mindful movement

This guest finds mindful movement by experiencing knowledge through adventure. Enabling adventurous outdoor pursuits, regardless of experience level, will help empower mindful movement for this guest and additionally enable new less experienced guests to find mindful movement through outdoor adventures they previously viewed as inaccessible.

Universal design

Outdoor athletics and adventure sports have typically highlighted young, white, fit, and able-bodied males. Not only using, but actively promoting, inclusive imagery and design will help demonstrate an understanding of this guest who recently began seeing themselves as included in the outdoor adventure community.

Biodiversity

With this guests focus on extreme adventure and wide ranging exploration, enabling versatile functionality, fit for the diverse environments they experience, will empower their experience of biodiversity. Enabling means to help them protect the untouched natural environments they seek with really win over this guest.

Sustainability is...

You are what you wear

Mindful movement.



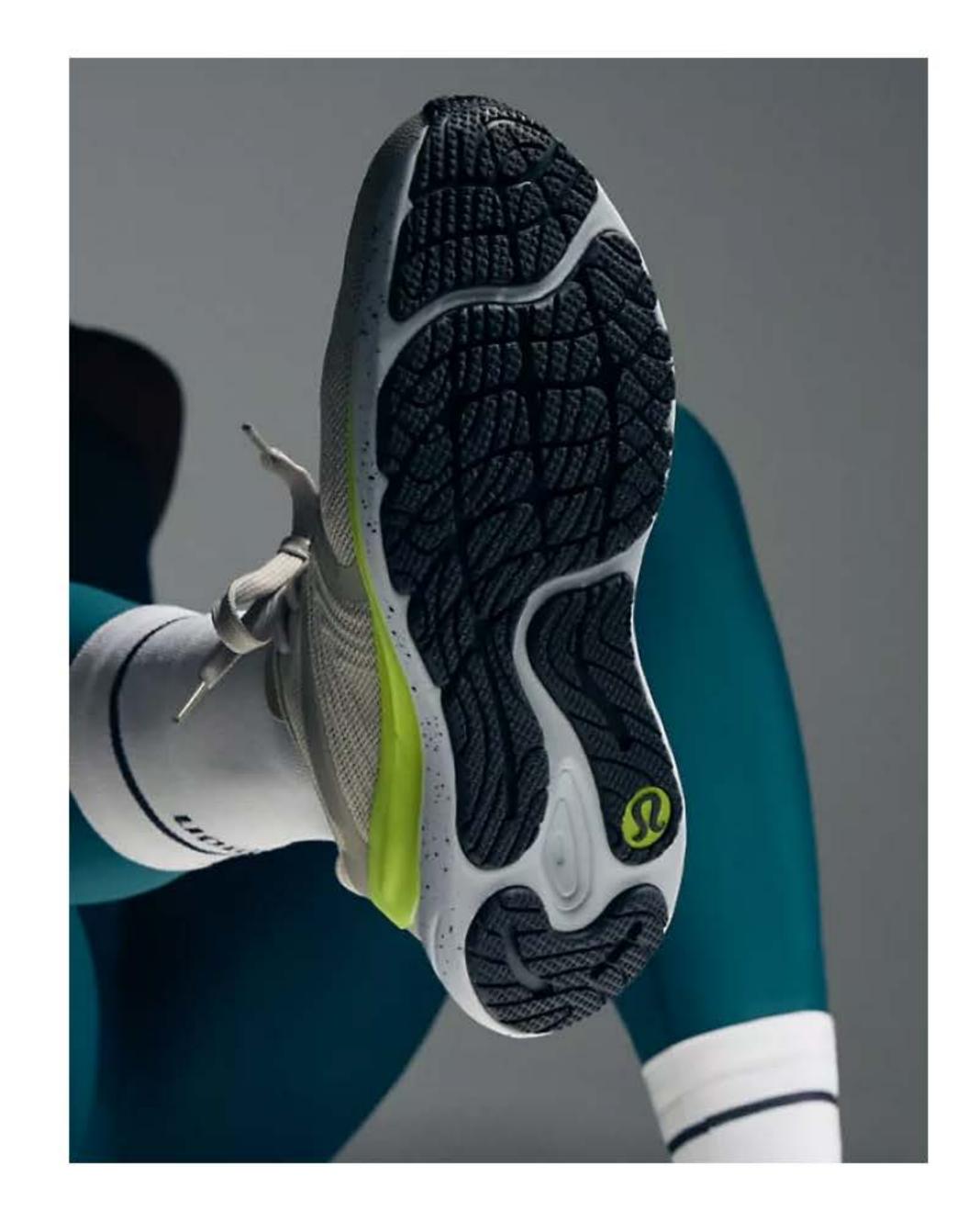
OVERVIEW

Scope

The life cycle assessment (LCA) is a comprehensive method to assess the environmental impact of a product through its full life cycle, from raw material extraction to disposal. The scope of this analysis is limited to the information provided by the lululemon team and online for standard shoe materials. This LCA will consider the various materials comprising the shoe but will not analyze specific quantities of each material used.

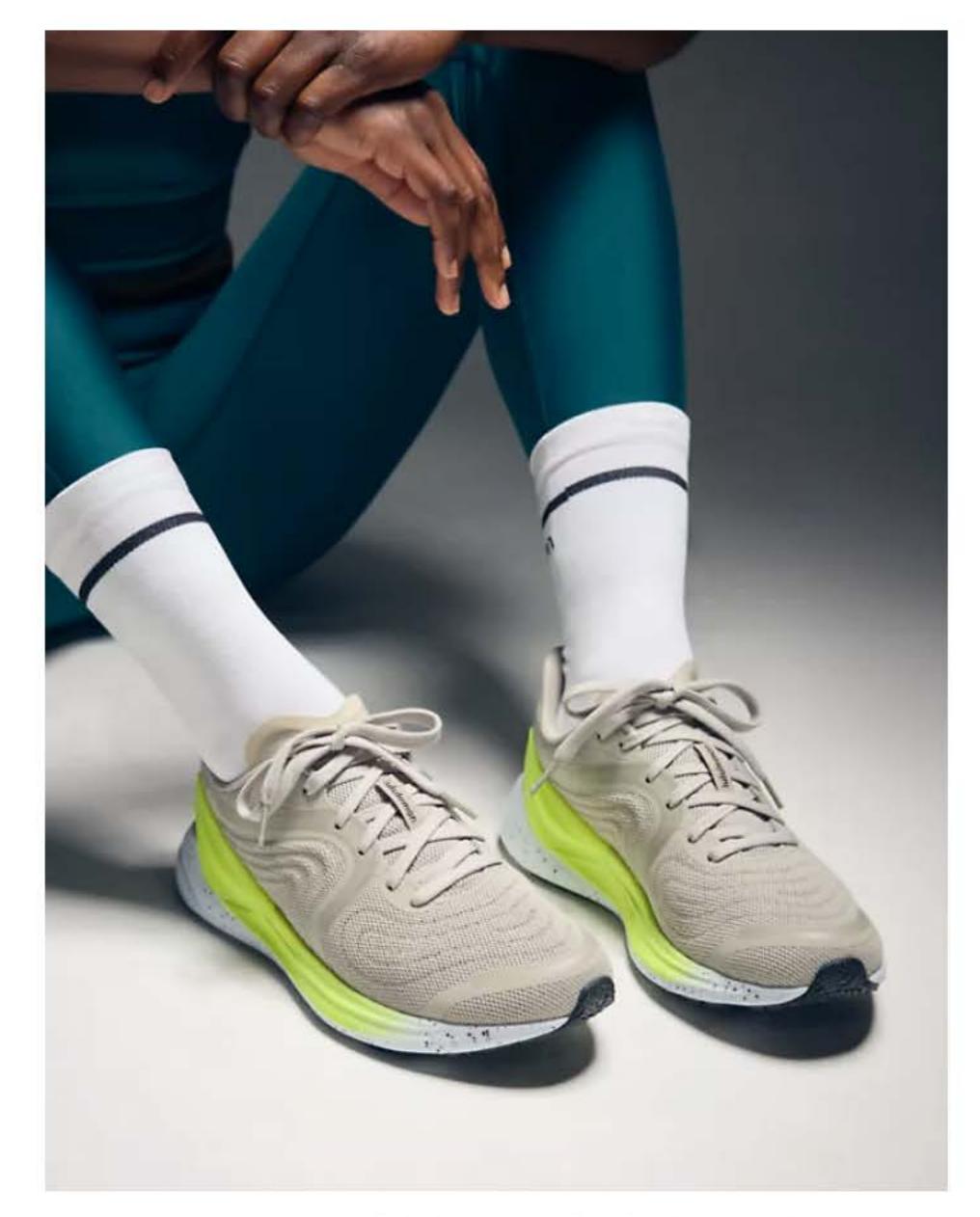
Given the forward looking nature of the concept development, and the rapid development of material technologies, the materials will be analyzed without regards to industry standards that may become irrelevant by the anticipated product cycle for the new designs.

Thus, this LCA seeks to be a comprehensive analysis of all impacts of the materials included in the shoe to identify all potential opportunities for improvement including new sourcing methods. Though some of the components feature recycled materials, raw material extraction and material processing of the materials prior to recycling will also be included to fully assess the environmental implications of the materials in use.



Product Description

The Blissfeel 2 is the second generation women's running shoe by lululemon. The shoe was specifically designed for the female foot to improve fit and feel for female runners. Featuring a seamless upper, 3D-molded midfoot, foam cushioning and durable outsole the design seeks to balance comfort, support, and durability.



From Iululemon Blissfeel 2 product page.

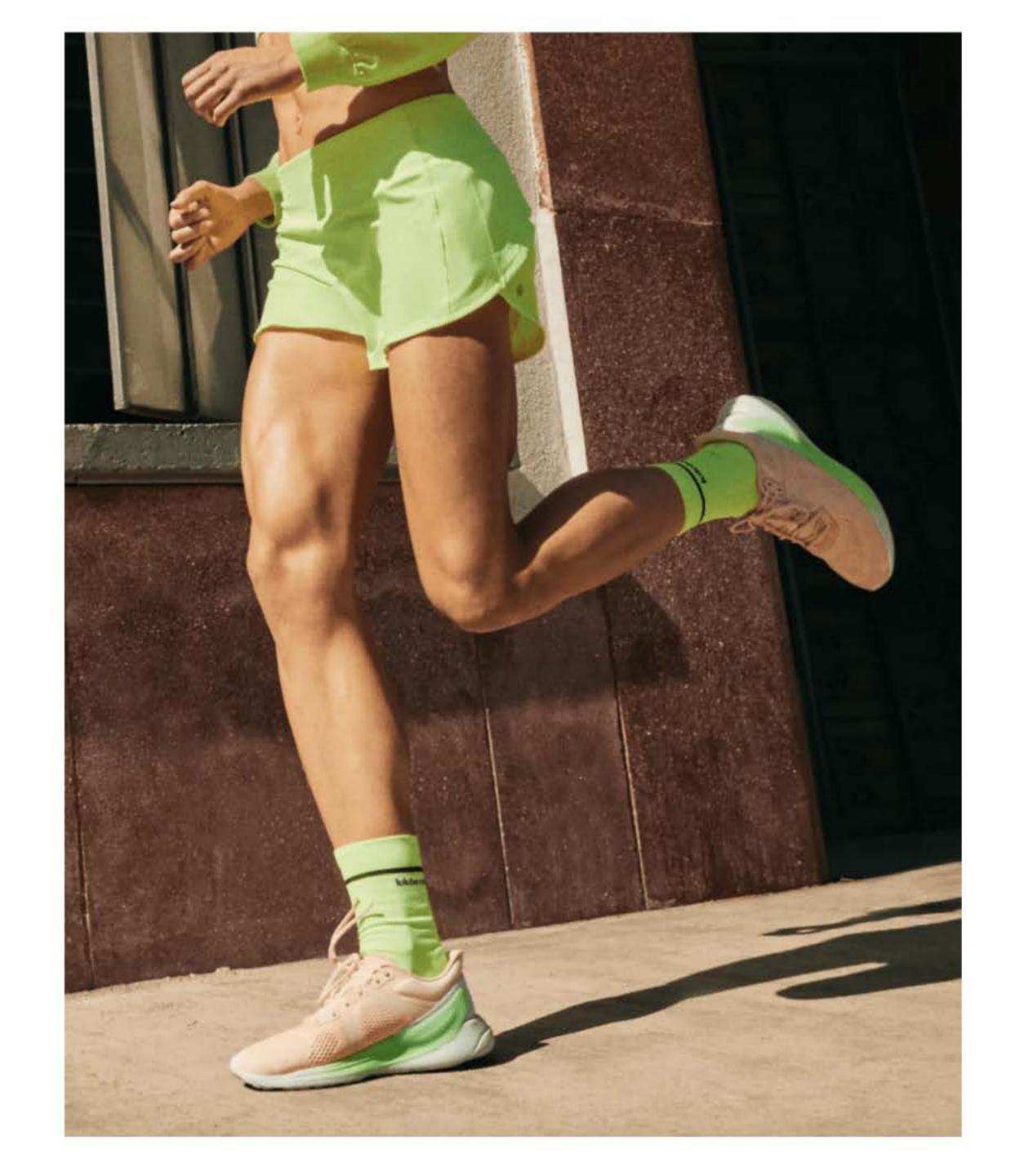
Functional Unit

Impact per product unit of service

=

Impact

3 months of running



OVERVIEW

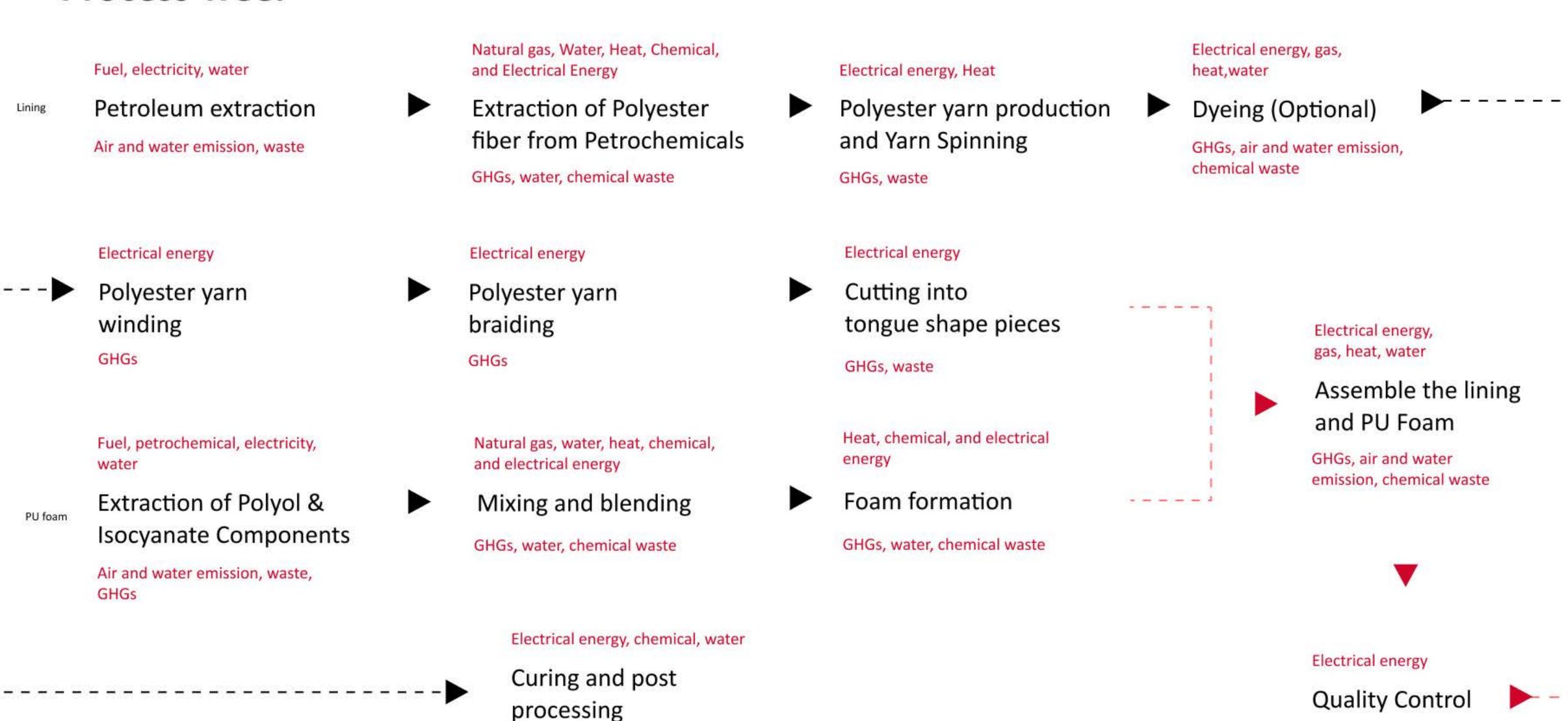
Component Analysis



lululemon Blissfeel 2

TONGUE (RECYCLED POLESTER + PU FOAM)

Process Tree.



GHGs, water, chemical waste, air emission

GHGs, waste

SHOELACES (RECYCLED POLYESTER + POLYETHYLENE)

Process Tree.

Natural gas, Water, Heat, Fuel, electricity, water Chemical, and Electrical Energy Extraction of Polyester fiber Petroleum extraction Lace from Petrochemicals Air and water emission, waste GHGs, water, chemical waste Electrical energy Electrical energy Polyester yarn Polyester yarn braiding winding **GHGs GHGs** Natural gas, water, heat, chemical, and electrical energy Fuel, electricity, water Extraction of Polyethylene Petroleum extraction from Petrochemicals Air and water emission, waste GHGs, water, chemical waste Electrical energy Electrical energy Mold Release Injection Molding GHGs **GHGs**

Electrical energy, Heat

Polyester yarn production and Yarn Spinning

GHGs, waste

Electrical energy

Cutting into individual lace lengths

GHGs, waste

Natural gas, water, heat, chemical, and electrical energy

 Polymer processing (melting, mixing, adding colorants or additives)

GHGs, water, chemical waste

Electrical energy, heat, chemical, water

Surface Treatment (Optional)

GHGs, air and water emission, waste

Electrical energy, gas, heat, water

Dyeing (Optional)

GHGs, air and water emission, chemical waste

Electrical energy, gas, heat, water

Lace and aglet attachment assembling

GHGs, air and water emission, chemical waste



Electrical energy

Quality Control



GHGs, waste



RECYCLED MESH UPPER (POLYESTER DERIVED)

Process Tree.

Natural gas, Water, Heat, Chemical, and Electrical Energy

Extraction of Polyester fiber from Petrochemicals

GHGs, water, Chemical waste

Natural gas, Water, Chemical, Electrical

Fiber Production/ Polymerization

GHGs, chemical waste, water

Mechanical energy, Water, Electrical Energy, Natural gas

Weaving/Knitting polyester fibers into mesh material

GHGs, chemical waste, water, mechanical energy

Chemical, Electrical energy, Water

Dyeing and Finishing

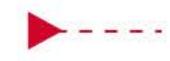
GHGs, chemical waste, water, Mechanical energy



Mechanical energy, Heat energy, Natural Gas

Transportation / Distribution

GHGs, Water, Chemical Waste



TPU HEELCLIP (THERMOPLASTIC POLYURETHANE)

Process Tree.

Mechanical energy, heat energy, electrical energy, fuel, natural gas, crude oil

Polyol, Isocyanate(MDI), Chain extender extraction

GHGs, Minimal toxins from chemical reaction

Chemical, electrical energy

Polymerization
 GHGs, chemical waste

Mechanical energy, heat energy, electrical energy

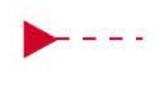
Aromatic TPU process

GHGs, waste

Electrical energy, heat energy, mechanical energy

Compression Molding/ Injection Molding





MIDSOLE (ETHYLENE-VINYL ACETATE)

Process Tree.

Heat energy, chemical energy, electrical energy and Fossil fuels, crude oil, natural gas

Extraction of ethylene and vinyl acetate

Air and water emission, waste

Chemical energy and electrical Energy

Copolymerization of ethylene and vinyl acetate

GHGs, water, chemical waste

Plasticizers, stabilizers, flame retardants, colorants, Chemical energy and Electrical Energy

Blending of EVA (for different performance requirementS)

GHGs, waste

Electrical energy, gas, heat energy

Heating and Melting of EVA

GHGs

Electrical energy, heat energy, mechanical energy

Homogenization of **EVA**

GHGs

Electrical energy, mechanical energy

Pelletizing of EVA

GHGs, EVA waste

Electrical energy, heat energy

Injection molding / Compression molding

GHGs, EVA waste

Mechanical energy,

Mold Release

GHGs



OUTSOLE (ABRASION RUBBER)

Process Tree.

fuel, electricity, water

Petroleum extraction¹

air and water pollution, drill cuttings

fuel, electricity, chemicals, polymer, carbon black

- - - Mixing + compounding¹

GHGs, chemical waste

fuel, electricity, chemical additives

Petroleum refining¹

GHGs, air and water pollution, chemical waste

fuel, electricity, rubber mixture

Vulcanization¹

GHGs, waste rubber, air and water pollution, heat, chemical waste

petroleum, chemical additives, fuel, electricity

Polymerization¹

GHGs, chemical waste

fuel, electricity, carbon rubber

Shaping + forming¹

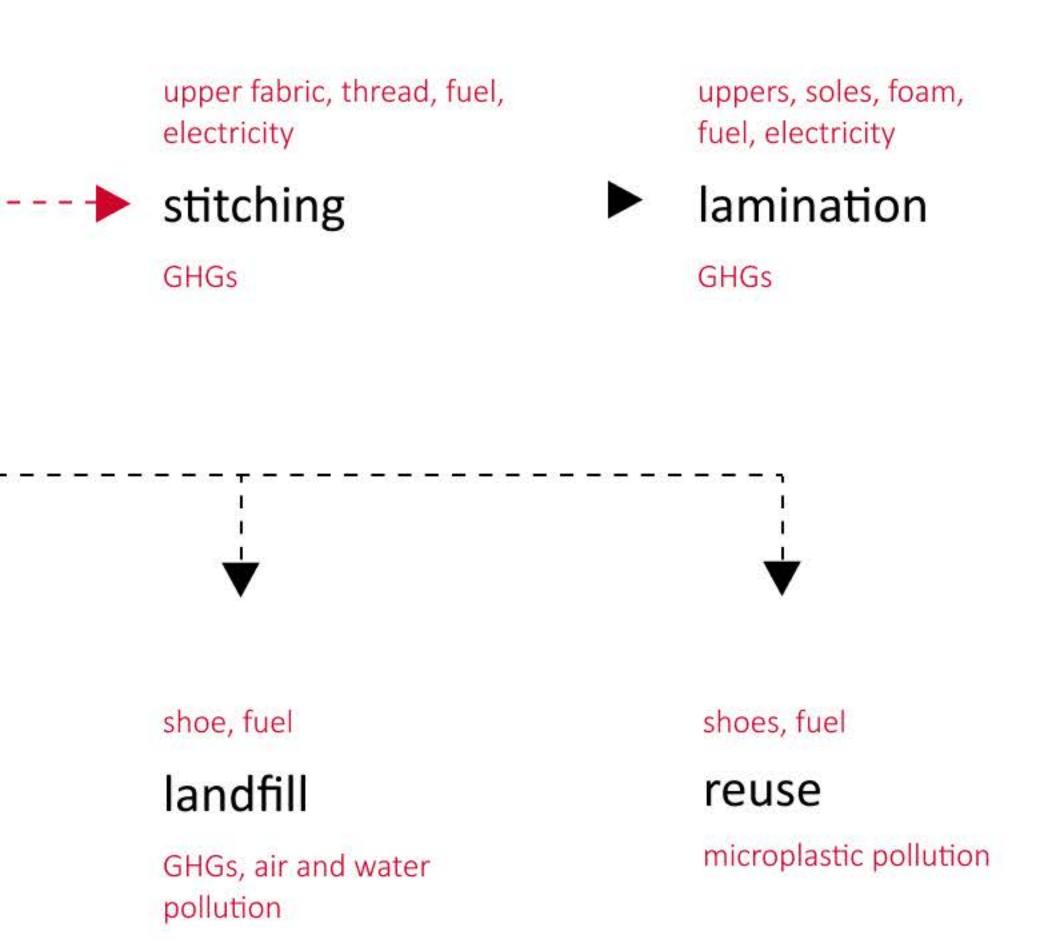
GHGs, waste rubber





ASSEMBLY, USE & END OF LIFE

Process Tree.



shoes, fuel, packaging

distribution

GHGs, packaging waste

shoes

use

microplastic waste

IMPACT MATRIX

Legend

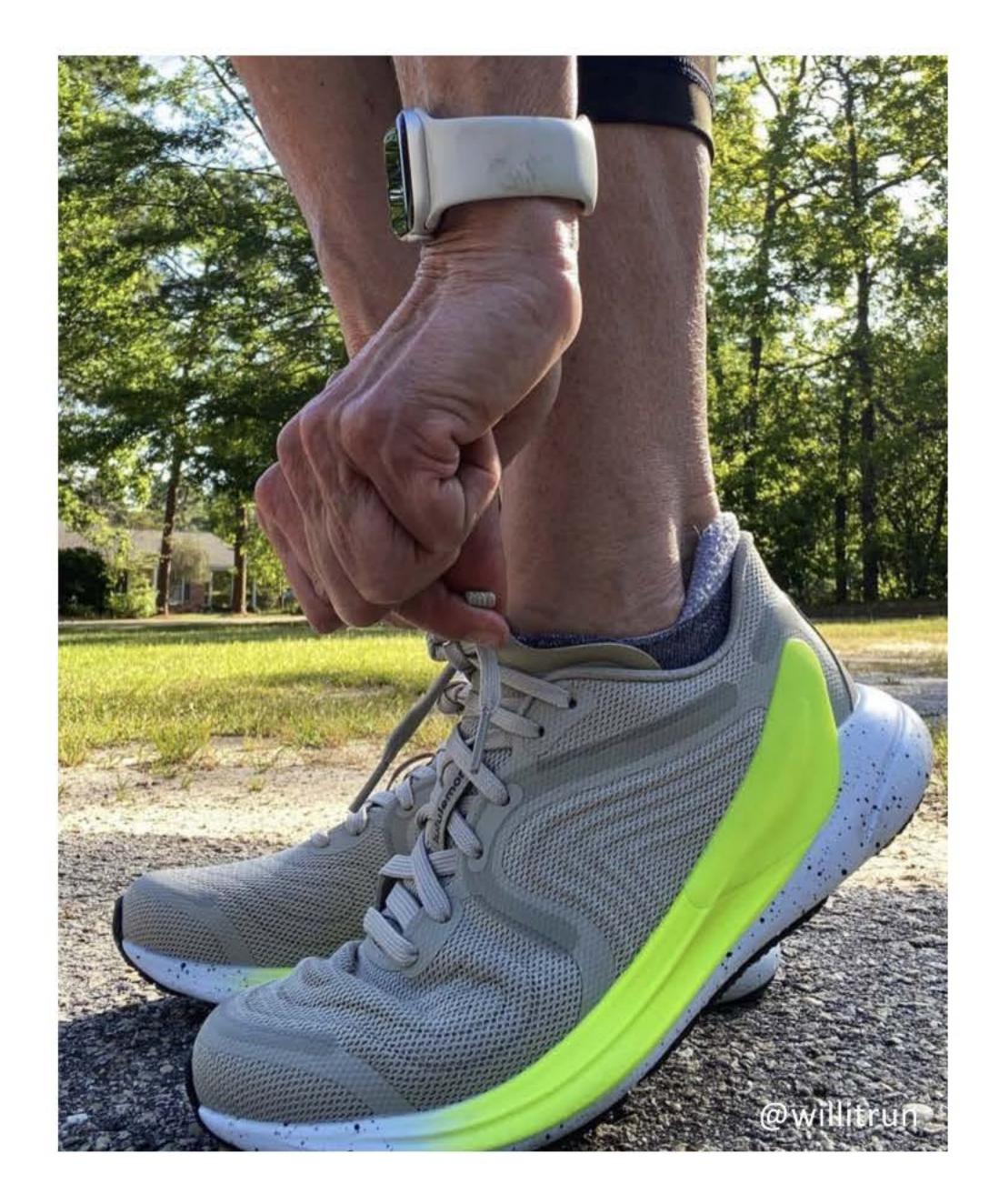
Highly negative impact

Negative impact

Neutral impact

Positive impact

Not applicable



AVERAGE SHOE IMPACT

Impact Matrix	Resource depletion	Global warming	Ozone layer depletion	Acid rain // Acidification	Solid waste	Land degradation	Water pollution	Air pollution	Reduced biodiversity
Raw material extraction									
Material processing									
Component manufacturing									
Assembly and packaging									
Distribution and purchase									
Installation and use									
Maintenance and upgrading									
Cycle: Reuse (product/components)									
Cycle: Recycling (materials)									
Cycle: Disposal (incineration/landfill)									

TONGUE

Impact Matrix.	resource depletion	global warming	ozone layer depletion	acid rain // acidification	solid waste	land degredation	water pollution	air pollution	reduced biodiversity
raw material extraction									
material processing									
component manufacturing									
assembly and packaging									
distribution and purchase									
installation and use									
maintenance and upgrading									
cycle: reuse (product/components)									
cycle: recycling (materials)									
cycle: disposal (incineration/landfill)									

SHOELACES

Impact Matrix.	resource depletion	global warming	ozone layer depletion	acid rain // acidification	solid waste	land degredation	water pollution	air pollution	reduced biodiversity
raw material extraction									
material processing									
component manufacturing									
assembly and packaging									
distribution and purchase									
installation and use									
maintenance and upgrading									
cycle: reuse (product/components)									
cycle: recycling (materials)									
cycle: disposal (incineration/landfill)									

MESH UPPER

Impact Matrix.	resource depletion	global warming	ozone layer depletion	acid rain // acidification	solid waste	land degredation	water pollution	air pollution	reduced biodiversity
raw material extraction									
material processing									
component manufacturing									
assembly and packaging									
distribution and purchase									
installation and use									
maintenance and upgrading									
cycle: reuse (product/components)									
cycle: recycling (materials)									
cycle: disposal (incineration/landfill)									

TPU HEELCLIP

Impact Matrix.	resource depletion	global warming	ozone layer depletion	acid rain // acidification	solid waste	land degredation	water pollution	air pollution	reduced biodiversity
raw material extraction									
material processing									
component manufacturing									
assembly and packaging									
distribution and purchase									
installation and use									
maintenance and upgrading									
cycle: reuse (product/components)									
cycle: recycling (materials)									
cycle: disposal (incineration/landfill)									

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raw material extraction									
material processing									
component manufacturing									
assembly and packaging									
distribution and purchase									
installation and use									
maintenance and upgrading									
cycle: reuse (product/components)									
cycle: recycling (materials)									
cycle: disposal (incineration/landfill)									

OUTSOLE

Impact Matrix.	resource depletion	global warming	ozone layer depletion	acid rain // acidification	solid waste	land degredation	water pollution	air pollution	reduced biodiversity
raw material extraction									
material processing									
component manufacturing									
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distribution and purchase									
installation and use									
maintenance and upgrading									
cycle: reuse (product/components)									
cycle: recycling (materials)									
cycle: disposal (incineration/landfill)									

Citations - Chat GPT

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- 2. Paraphrased from ChatGPT response to "complete an LCA inventory matrix for carbon rubber for a running shoe including waste and emissions for each stage" May 29, 2023. https://chat.openai.com/.
- 3. Paraphrased from ChatGPT response to "list the emissions and waste produced by extracting petroleum" May 29, 2023. https://chat.openai.com/.
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- 5. Paraphrased from ChatGPT response to "list the emissions and waste produced by making outsoles from carbon black rubber" May 29, 2023. https://chat.openai.com/.
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- 9. Paraphrased from ChatGPT response to "production process of PU foam in shoe" May 30,2023. https://chat.openai.com/c/db9c75f1-52db-4718-aa2b-b827e9d72f71
- 10. Paraphrased from ChatGPT response to "how to recycle the Polyester and polyethylene from shoe lace" May 30,2023. https://chat.openai.com/c/db9c75f1-52db-4718-aa2b-b827e9d72f71
- 11. Paraphrased from ChatGPT response to "where are Polyols come from" May 30,2023. https://chat.openai.com/c/db9c75f1-52db-4718-aa2b-b827e9d72f71

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- 8. https://explodingtopics.com/blog/generation-alpha-stats